





Surprise Senior Center

May 2018

Daily Programs & Special Events

**Monday****Tuesday****Wednesday****Thursday****Friday**

<p><i>The Congregate meal program is sponsored, in part, by Area Agency on Aging Region 1</i> For adults age 60+ or individuals with disabilities under the age of 60 years, the suggested contribution for lunch is \$2.50. For adults under age 60, who do not qualify for the program the suggested contribution is \$5.00. Lunch reservations must be made by 12 Noon TWO business days in advance. Complementary coffee is available from 8:30 A.M to 2:00 P.M</p> 	<p>“Seniors Starry Night Prom” 1</p> <p>10:00 2018 “Starry Night Seniors Prom” 11:00 SilverSneakers® VRC 12:30 Pinochle GR 1:00 Open Game Time GR 1:30 Quilting Club DH</p>	<p>2</p> <p>8:30 Open Game Time GR 9:00 Morning Stretch DH 10:00 LRC DH 10:00 BUNCO GR 11:00 Fitz with Mitzi Exercise VRC 12:45 Mah-Jongg GR 12:45 Bridge D 1:30 Needlecraft Social DH</p>	<p>Lunch and Learn 3</p> <p>10:00 Bingo* DH 12:00 Lunch and Learn DH “Nutrition Importance” presented by Sun City Rehab Center 12:45 Hand & Foot GR 12:45 Bridge D 12:45 Pinochle CF 1:00 Stretch Flex & Tone VRC 1:30 Open Game Time DH</p>	<p>Happy Cinco De Mayo 4</p> <p>8:30 Walking Club DH 10:15 Billiards Tournament GR <i>with chips and salsa</i> 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:30 Open Game Time GR</p>																				
<p>7</p> <p>8:30 Puzzle & Color Social DH 9:00 Morning Stretch DH 9:30 Creative Crafts* CF 10:00 String Me Along DH 11:00 Fitz with Mitzi Exercise VRC 1:00 Poker Showdown GR 1:30 Afternoon Crafting Club* DH</p>	<p>8</p> <p>8:30 Open Game Time DH 9:00 Morning Stretch DH 10:15 Pokeno DH 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:00 Open Game Time GR 1:30 Quilting Club DH 1:00 Art Class* D</p>	<p>9</p> <p>9:00 Morning Stretch DH 10:00 LRC DH 10:00 BUNCO GR 11:00 Fitz with Mitzi Exercise VRC 12:45 Mah-Jongg GR 12:45 Bridge D 1:30 Needlecraft Social DH</p>	<p>Lunch and Learn 10</p> <p>10:00 Bingo* DH 12:00 Lunch and Learn DH “Leg Health” <i>presented by</i> <i>Arizona Vein and Vascular Surgery Center</i> 12:45 Hand & Foot GR 12:45 Bridge D 12:45 Pinochle CF 1:00 Singing in the Rain Workshop D 1:00 Stretch Flex & Tone VRC 1:30 Open Game Time DH</p>	<p>Mother’s Day Waffles 11</p> <p>9:00 Waffle Bar and Tea DH 10:15 Bowling on Shuffleboard Tournament GR 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:30 Open Game Time GR</p>																				
<p>Barter Swap 14</p> <p>8:30 Puzzle & Color Social DH 9:00 Morning Stretch DH 9:30 Creative Crafts* CF 10:30 Barter Swap LNG 10:00 String Me Along DH 11:00 Fitz with Mitzi Exercise VRC 1:30 Afternoon Crafting Club* DH</p>	<p>15</p> <p>8:30 Open Game Time DH 9:00 Morning Stretch DH 10:15 Pokeno DH 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:00 Open Game Time GR 1:30 Quilting Club DH 1:00 Art Class* D</p>	<p>16</p> <p>9:00 Morning Stretch DH 10:00 LRC DH 10:00 BUNCO GR 11:00 Fitz with Mitzi Exercise VRC 12:45 Mah-Jongg GR 12:45 Bridge D 1:30 Needlecraft Social DH 1:00 Journaling/Scrapbooking* DH</p>	<p>17</p> <p>10:00 Bingo* DH 11:00 SilverSneakers® VRC 12:45 Hand & Foot GR 12:45 Bridge D 12:45 Pinochle CF 1:00 Singing in the Rain Workshop D 1:00 Stretch Flex & Tone VRC 1:30 Open Game Time DH</p>	<p>Morning Movie 18</p> <p>8:30 Walking Club DH 9:00 Friday Morning Movie “Surviving the Wild” PG-13 1.27 10:15 Shuffleboard Tournament GR 11:00 SilverSneakers® VRC 11:00 Pinochle CF</p>																				
<p>Casino Trip 21</p> <p>8:30 Vee Quiva Casino* TRIP 8:30 Puzzle & Color Social DH 9:00 Morning Stretch DH 9:30 Let’s talk Cooking DH 11:00 Fitz with Mitzi Exercise VRC 1:00 Poker Showdown GR</p>	<p>22</p> <p>8:30 Open Game Time DH 9:00 Morning Stretch DH 10:15 Pokeno DH 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:00 Open Game Time GR 1:30 Quilting Club DH 1:00 Art Class* D</p>	<p>23</p> <p>9:00 Morning Stretch DH 10:00 LRC DH 10:00 BUNCO GR 11:00 Fitz with Mitzi Exercise VRC 12:45 Mah-Jongg GR 12:45 Bridge D 1:00 Spirelli for Beginners* (new) CF 1:30 Needlecraft Social DH</p>	<p>24</p> <p>10:00 Bingo* DH 12:45 Hand & Foot GR 12:45 Bridge D 12:45 Pinochle CF 1:00 Singing in the Rain Workshop D 1:00 Stretch Flex & Tone VRC 1:30 Open Game Time DH</p>	<p>25</p> <p>8:30 Walking Club DH 10:15 Corn Hole Tournament GR 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:30 Open Game Time GR</p>																				
<p>CLOSED 28</p> 	<p>29</p> <p>8:30 Open Game Time DH 9:00 Morning Stretch DH 10:15 Pokeno DH 11:00 SilverSneakers® VRC 11:00 Pinochle CF 1:00 Open Game Time GR 1:30 Quilting Club DH 1:00 Art Class* D</p>	<p>Mending Club 30</p> <p>8:30 Mending Club (<i>free for members</i>) CF 9:00 Morning Stretch DH 10:00 LRC DH 10:00 BUNCO GR 11:00 Fitz with Mitzi Exercise VRC 12:45 Mah-Jongg GR 12:45 Bridge D 1:30 Needlecraft Social DH</p>	<p>31</p> <p>10:00 Bingo* DH 11:00 SilverSneakers® VRC 12:45 Hand & Foot GR 12:45 Bridge D 12:45 Pinochle CF 1:00 Singing in the Rain Workshop D 1:00 Stretch Flex & Tone VRC 1:30 Open Game Time DH</p>	<p>Room Legend – Where it’s at</p> <table border="0"> <tr><td>CL</td><td>Computer Lab</td><td>DH</td><td>Dining Hall</td></tr> <tr><td>D</td><td>Classroom D</td><td>GR</td><td>Game Room</td></tr> <tr><td>VRC</td><td>Villanueva Rec Center</td><td>WO</td><td>Wellness Office</td></tr> <tr><td>CF</td><td>Café</td><td>MPR</td><td>Multi-Purpose</td></tr> <tr><td>LNG</td><td>Lounge</td><td>P</td><td>Patio</td></tr> </table> <p>PLEASE NOTE: Time, date and location of activities are subject to change without notice. We appreciate your cooperation and understanding</p> <p>*There is a fee associated with this activity</p>	CL	Computer Lab	DH	Dining Hall	D	Classroom D	GR	Game Room	VRC	Villanueva Rec Center	WO	Wellness Office	CF	Café	MPR	Multi-Purpose	LNG	Lounge	P	Patio
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