



SURPRISE RECREATION CAMPUS TENNIS & RACQUET COMPLEX



June 2010 volume 2, issue 6

Surprise Tennis & Racquet Complex
14469 W. Paradise Lane | Surprise, AZ 85374
623.222.2400 | surpriseaz.com/tennis



THE HEAT IS ON AT THE STRC!

US Open National Playoffs



BE A PART OF THE BIGGEST US OPEN EVER!

When the Surprise Tennis & Racquet Complex hosts
the Southwest Sectional Qualifying Tournament for the
US OPEN National Playoffs JUNE 1-3, 2010
FREE ADMISSION! GRAND SLAM TENNIS!



OUR SUMMER HOURS

MONDAY-FRIDAY 6:30am-11am/4:30pm-9pm

SATURDAY-SUNDAY- 6:30am-11am



Meet the STRC Player of the month for JUNE 2010!

Why did you start playing tennis?

For the FUN and exercise. Plus, I couldn't get on the swim team because I didn't know how to swim!

How long have you been playing tennis?

I started playing tennis when I moved to Sun City Grand in 2001. I joined a beginner tennis clinic that was taught by the Grand Tennis Club and I literally fell in love with the game. I have been on the courts 4-7 days a week ever since.

You've volunteered for just about everything haven't you?

While I have volunteered for a number of different organizations, I especially love to volunteer for all the tennis events and programs at the STRC. I am lucky...I have been an Ambassador for the CTCA Championships, coached a Junior Quickstart Team, and at John Austin's suggestion I have become a USTA official. The STRC is a great facility and we are so fortunate to have it in our community. It has given me another way to pass on my love and passion for tennis through my volunteer efforts.

Who is your favorite player?

I don't really have a favorite. I like them all for different reasons. Andy Roddick for his tenacity, Roger Federer for his sportsmanship, Serena Williams for her great strokes and Nadal for his cute pants!



Shirley Schroeder

WHAT'S HAPPENING at the Surprise Tennis & Racquet Complex

SUMMER DROP-IN DRILLS SCHEDULE

Stress Buster- Mondays 6-7:30pm
 Dominating Doubles- Thurs. 7:30-9am
 Stroke of the Week- Fridays 7:30-9am
 Cardio Boot Camp- Saturdays 7:30-8:30am
 Call 623.222.2400 to register today!

TENNIS TIP OF THE MONTH for JUNE

Vince La Rocca-
 USPTA, PTR, USTA



Learning Tennis is 70% visual. You should visualize each stroke before you hit it.

- See the ball passing through the frame on the VOLLEY.
- See yourself drawing a "C" (frontwards/backwards) in the air for the GROUNDSTROKE.
- See yourself arc the ball up over a fence on the SERVE.

Or let me video your strokes, utilizing DARTFISH Video Software Solutions so you can see for yourself!

All of Vince's private and private group lesson packages now feature



FOR MORE INFORMATION, CONTACT

VINCE at 623.377.1870 or vinlarocca@live.com



WANTED

3.0 and above NTRP Level Tennis Players for our

Men's Night Out

Tuesdays 7-9pm

\$4 residents/\$5 non-residents

Players of 3.0 and above ability levels are encouraged to drop into this unsupervised round-robin doubles program anytime during the posted hours (7-9pm)

Players are expected to provide their own tennis balls

NEED A COURT? We recommend calling ahead to make a reservation. Call 623.222.2400 today!

June 2010



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|--|----------------------------------|---|---|--|------------------------------------|
|  US OPEN NATIONAL PLAYOFFS June 1-3 | 1 RB Drop-In 4:30-7pm | 2 Drop-In Dubs 7:30am RB Drop-In 4:30-7pm | 3 US OPEN FINALS Drop-In Dubs 6:30pm | 4 Drop-In Dubs 6:30pm | 5 Drop-In Doubles 7:30am |
| 6 | 7 Drop-In Dubs 7:30am | 8 RB Drop-In 4:30-7pm Men's Night Out 7-9pm | 9 Drop-In Dubs 7:30am RB Drop-In 4:30-7pm | 10 Drop-In Dubs 6:30pm | 11 Drop-In Dubs 6:30pm |
| 13 | 14 Drop-In Dubs 7:30am | 15 RB Drop-In 4:30-7pm Men's Night Out 7-9pm | 16 Drop-In Dubs 7:30am RB Drop-In 4:30-7pm | 17 Drop-In Dubs 6:30pm | 18 Drop-In Dubs 6:30pm |
| 20 HAPPY FATHER'S DAY!  | 21 Drop-In Dubs 7:30am | 22 RB Drop-In 4:30-7pm Men's Night Out 7-9pm | 23 Drop-In Dubs 7:30am RB Drop-In 4:30-7pm | 24 Drop-In Dubs 6:30pm | 25 Drop-In Dubs 6:30pm |
| 27  | 28 Drop-In Dubs 7:30am | 29 RB Drop-In 4:30-7pm Men's Night Out 7-9pm | 30 Drop-In Dubs 7:30am RB Drop-In 4:30-7pm |  SUMMER LIGHTS TOURNAMENT | JULY 13-17 |