



Surprise Senior Center

October 2018

Daily Programs & Special Events




Monday

Tuesday

Wednesday

Thursday

Friday

1		2		3		4		5											
8:30 Puzzle & Color Social 9:00 Creative Crafts* 10:00 Morning Stretch 10:15 String Me Along 11:00 Fitzi with Mitzi Exercise 1:00 Oversized Games	DH CF DH DH VRC GR	8:30 Open Game Time 10:00 Morning Stretch 10:15 Pokeno 11:00 Pinochle 11:00 Silversneakers 1:00 Open Game Time 1:00 Art Class* 1:30 Quilting Club	DH DH DH CF VRC GR D DH	10:00 Morning Stretch 10:00 BUNCO 10:15 Connect Four 11:00 Fitzi with Mitzi Exercise 12:45 Mah-Jongg 12:45 Bridge 1:30 Needlecraft Social	DH GR DH VRC GR D DH	10:00 Bingo* 12:45 Hand & Foot 12:45 Bridge 12:45 Pinochle 1:00 Stretch Flex & Tone Exercise 1:30 Open Game Time	DH GR D CF VRC DH	8:30 Open Game Time 10:00 Morning Stretch 10:15 Corn Hole Tournament 11:00 Silversneakers 11:00 Pinochle 1:30 Open Game Time	DH DH GR VRC CF GR										
Barter Swap 8		9		10		Lunch and Learn 11		Member Appreciation BBQ 12											
8:30 Puzzle & Color Social 9:00 Creative Crafts* 10:00 Morning Stretch 10:15 String Me Along 10:30 Barter Swap 11:00 Fitzi with Mitzi Exercise 1:00 Kindness Rock Club	DH CF DH DH LNG VRC CF	8:30 Open Game Time 10:00 Morning Stretch 10:15 Pokeno 11:00 Pinochle 11:00 Silversneakers 1:00 Open Game Time 1:00 Art Class* 1:30 Quilting Club	DH DH DH CF VRC GR D DH	10:00 Morning Stretch 10:00 BUNCO 10:15 LRC 11:00 Fitzi with Mitzi Exercise 12:45 Mah-Jongg 12:45 Bridge 1:30 Needlecraft Social 1:30 Oversized Games	DH GR DH VRC GR D DH CF	10:00 Bingo* 12:00 Lunch and Learn "Fall Risks" presented by NeighborCare 12:45 Hand & Foot 12:45 Bridge 12:45 Pinochle 1:00 Stretch Flex & Tone Exercise 1:30 Open Game Time	DH GR GR D CF VRC DH	8:30 Open Game Time 9:30 Fun Games 11:00 Silversneakers 1:00 Pinochle 1:30 Open Game Time	DH GR VRC CF GR										
Oktoberfest 15		No Silver Sneakers 16		17		18		19											
8:30 Puzzle & Color Social 9:00 Creative Crafts* 10:00 Morning Stretch 10:15 Okotoberfest Trivia 10:45 String Me Along 11:00 Fitzi with Mitzi Exercise 1:00 Poker Showdown	DH CF DH DH DH VRC GR	8:30 Open Game Time 10:00 Morning Stretch 10:15 Pokeno 11:00 Pinochle 1:00 Open Game Time 1:00 Art Class* 1:30 Quilting Club	DH DH DH CF GR D DH	10:00 Morning Stretch 10:00 BUNCO 10:15 Oversized Games 11:00 Fitzi w/ Mitzi 12:45 Mah-Jongg 12:45 Bridge 1:00 Mini Album Session 1 of 2* 1:30 Needlecraft Social	DH GR DH VRC GR D CF DH	10:00 Bingo* 12:45 Hand & Foot 12:45 Bridge 12:45 Pinochle 1:00 Stretch Flex & Tone Exercise 1:30 Open Game Time	DH GR D CF VRC DH	8:30 Open Game Time 10:00 Morning Stretch 10:15 Billiards Tournament "With Rootbeer Floats (must sign up)" 11:00 Silversneakers 11:00 Pinochle 1:30 Open Game Time	DH DH GR VRC CF GR										
Site Council Meeting 22		23		24		25		Movie Morning 26											
8:30 Puzzle & Color Social 9:00 Creative Crafts* 10:00 Morning Stretch 10:15 String Me Along 11:00 Site Council Meeting 11:00 Fitzi with Mitzi Exercise 1:00 Poker Showdown	DH CF DH DH DH VRC GR	8:30 Open Game Time 10:00 Morning Stretch 10:15 Pokeno 11:00 Pinochle 11:00 Silversneakers 1:00 Open Game Time 1:00 Art Class* 1:30 Quilting Club	DH DH DH CF VRC GR D DH	10:00 Morning Stretch 10:00 BUNCO 10:15 LCR 11:00 Fitzi with Mitzi Exercise 12:45 Mah-Jongg 12:45 Bridge 1:00 Mini Album Session 2 of 2* 1:30 Needlecraft Social	DH GR DH VRC GR D CF DH	10:00 Bingo* 12:45 Hand & Foot 12:45 Bridge 12:45 Pinochle 1:00 Stretch Flex & Tone Exercise 1:30 Open Game Time	DH GR D CF VRC DH	8:30 Open Game Time 9:00 Movie Morning "Hocus Pocus" PG 95 minutes 10:00 Morning Stretch 10:15 Shuffleboard Bowling Tournament 11:00 Silversneakers 11:00 Pinochle 1:30 Open Game Time	DH D GR DH GR VCR CF GR										
29		30		Happy Halloween 31		<p>For adults age 60+ or individuals with disabilities under the age of 60 years, the suggested contribution for lunch is \$2.50. For adults under age 60, who do not qualify for the program the suggested contribution is \$5.00. Lunch reservations must be made by 12 Noon TWO business days in advance. Menu is subjected to change. Complimentary coffee is available beginning at 8:30 a.m.</p> <p>The Congregate meal program is sponsored, in part, by</p> 		<p>Room Legend – Where it's at</p> <table border="0"> <tr> <td>CL Computer Lab</td> <td>DH Dining Hall</td> </tr> <tr> <td>D Classroom D</td> <td>GR Game Room</td> </tr> <tr> <td>VRC Villanueva Rec Center</td> <td>WO Wellness Office</td> </tr> <tr> <td>CF Café</td> <td>MPR Multi-Purpose</td> </tr> <tr> <td>LNG Lounge</td> <td>P Patio</td> </tr> </table> <p>PLEASE NOTE: Time, date and location of activities are subject to change without notice. Please be mindful of other groups while playing games. Open recreational games are encouraged. Please remember to share the space and be aware of the noise level. We appreciate your cooperation and understanding</p> <p>*There is a fee associated with this program</p>		CL Computer Lab	DH Dining Hall	D Classroom D	GR Game Room	VRC Villanueva Rec Center	WO Wellness Office	CF Café	MPR Multi-Purpose	LNG Lounge	P Patio
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