



# Surprise Senior Center February 2020 Daily Programs & Special Events



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

<b>3</b>	<b>4</b>	<b>Kindness Rock Club</b>	<b>5</b>	<b>6</b>	<b>7</b>
8:30 Puzzle & Color Social DH	8:30 Open Game Time DH	8:30 Puzzle & Color Social DH	8:30 Puzzle & Color Social DH	10:00 Bingo* DH	8:30 Open Game Time DH
9:00 Sole Patrol Walking Club DH	10:00 Morning Stretch DH	10:00 BUNCO GR	10:00 BUNCO GR	12:45 Hand & Foot GR	9:00 Skee Ball Tournament GR
9:00 Creative Crafts* CF	10:15 Pokeno DH	10:15 LCR DH	10:15 LCR DH	12:45 Bridge D	11:00 Pinochle CF
10:15 String Me Along DH	11:00 Pinochle CF	11:00 Fitz with Mitzi Exercise VRC	11:00 Fitz with Mitzi Exercise VRC	12:45 Pinochle CF	11:00 Silversneakers VRC
11:00 Fitz with Mitzi Exercise VRC	11:00 Silversneakers VRC	12:45 Mah-Jongg CF	12:45 Mah-Jongg CF	1:00 Stretch Flex & Tone Exercise VRC	1:00 Open Game Time GR
1:00 Creative Crafts* CF	1:00 Open Game Time GR	12:45 Bridge CF	12:45 Bridge CF	2:00 Line Dancing* DH	
1:00 Open Game Time GR	1:30 Quilting Club D	1:00 Kindness Rock Club GR	1:00 Kindness Rock Club GR		
		1:30 Needlecraft Social D	1:30 Needlecraft Social D		

<b>Barter Swap</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Lunch and Learn</b>	<b>13</b>	<b>Valentine's Day Mixer</b>	<b>14</b>
8:30 Puzzle & Color Social DH	8:30 Open Game Time DH	8:30 Open Game Time DH	8:30 Puzzle & Color Social DH	10:00 Bingo* DH	10:00 Bingo* DH	9:00 Tournament GR	9:00 Tournament GR
9:00 Sole Patrol Walking Club DH	10:00 Morning Stretch DH	10:00 Morning Stretch DH	10:00 BUNCO GR	12:00 Lunch and Learn Presented by Mountain View Hospice DH	12:00 Lunch and Learn Presented by Mountain View Hospice DH	10:30 Valentine Mixer with Live Music* DH	10:30 Valentine Mixer with Live Music* DH
9:00 Creative Crafts* CF	10:15 Pokeno DH	10:15 Pokeno DH	10:15 LCR DH	12:45 Hand & Foot GR	12:45 Hand & Foot GR	11:00 Pinochle D	11:00 Pinochle D
10:00 Barter Swap LNG	11:00 Pinochle CF	11:00 Pinochle CF	11:00 Fitz with Mitzi Exercise VRC	12:45 Bridge D	12:45 Bridge D	11:00 Silversneakers VRC	11:00 Silversneakers VRC
10:15 String Me Along DH	11:00 Silversneakers VRC	11:00 Silversneakers VRC	12:45 Mah-Jongg CF	12:45 Pinochle CF	12:45 Pinochle CF	1:00 Open Game Time GR	1:00 Open Game Time GR
11:00 Fitz with Mitzi Exercise VRC	1:00 Open Game Time GR	1:00 Open Game Time GR	12:45 Bridge CF	1:00 Stretch Flex & Tone Exercise VRC	1:00 Stretch Flex & Tone Exercise VRC		
1:00 Creative Crafts* CF	1:30 Quilting Club D	1:30 Quilting Club D	1:00 Open Game Time GR	2:00 Line Dancing* DH	2:00 Line Dancing* DH		
1:00 Open Game Time GR			1:30 Needlecraft Social D				

<b>Senior Center Closed</b>	<b>17</b>	<b>No Silver Sneakers</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>Blood Pressure Checks</b>	<b>21</b>
		8:30 Open Game Time DH	8:30 Open Game Time DH	8:30 Puzzle & Color Social DH	10:00 Bingo* DH	8:30 Open Game Time DH	8:30 Open Game Time DH
		10:00 Morning Stretch DH	10:00 Morning Stretch DH	10:00 BUNCO GR	12:45 Hand & Foot GR	9:00 Blood Pressure Checks WO	9:00 Blood Pressure Checks WO
		10:15 Pokeno DH	10:15 Pokeno DH	10:15 LCR DH	12:45 Bridge D	9:00 Pool Tournament GR	9:00 Pool Tournament GR
		11:00 Pinochle CF	11:00 Pinochle CF	11:00 Fitz w/ Mitzi Exercise VRC	12:45 Pinochle CF	11:00 Silversneakers VRC	11:00 Silversneakers VRC
		1:00 Open Game Time GR	1:00 Open Game Time GR	12:45 Mah-Jongg CF	1:00 Stretch Flex & Tone Exercise VRC	11:00 Pinochle CF	11:00 Pinochle CF
		1:30 Quilting Club D	1:30 Quilting Club D	12:45 Bridge CF	1:30 Open Game Time GR	1:00 Open Game Time GR	1:00 Open Game Time GR
				1:30 Needlecraft Social D	2:00 Line Dancing* DH	2:00 Line Dancing* DH	2:00 Line Dancing* DH
		1:30 Sip 'n Paint* (Limit 10) DH					

<b>Site Council Meeting</b>	<b>24</b>	<b>25</b>	<b>Black History Celebration</b>	<b>26</b>	<b>27</b>	<b>Dementia Friendly Surprise Presentation</b>	<b>28</b>
8:30 Puzzle & Color Social DH	8:30 Open Game Time DH	8:30 Open Game Time DH	8:30 Puzzle & Color Social DH	8:30 Puzzle & Color Social DH	10:00 Bingo* DH	8:30 Open Game Time DH	8:30 Open Game Time DH
9:00 Sole Patrol Walking Club DH	10:00 Morning Stretch DH	10:00 Morning Stretch DH	9:30 Black History Celebration DH	9:30 Black History Celebration DH	12:45 Hand & Foot GR	9:00 Corn Hole Tournament GR	9:00 Corn Hole Tournament GR
9:00 Creative Crafts* CF	10:15 Pokeno DH	10:15 Pokeno DH	10:00 BUNCO GR	10:00 BUNCO GR	12:45 Bridge D	11:00 Silversneakers VRC	11:00 Silversneakers VRC
10:15 String Me Along DH	11:00 Silversneakers VRC	11:00 Silversneakers VRC	10:15 LCR DH	10:15 LCR DH	12:45 Pinochle CF	11:00 Pinochle CF	11:00 Pinochle CF
11:00 Site Council Meeting DH	11:00 Pinochle CF	11:00 Pinochle CF	11:00 Fitz with Mitzi Exercise VRC	11:00 Fitz with Mitzi Exercise VRC	1:00 Stretch Flex & Tone Exercise VRC	1:00 Open Game Time GR	1:00 Open Game Time GR
11:00 Fitz with Mitzi Exercise VRC	1:00 Open Game Time GR	1:00 Open Game Time GR	12:45 Mah-Jongg CF	12:45 Mah-Jongg CF	1:30 Open Game Time GR	1:00 Dementia Friendly Surprise Presentation GR	1:00 Dementia Friendly Surprise Presentation GR
1:00 Creative Crafts* CF	1:30 Quilting Club D	1:30 Quilting Club D	12:45 Bridge CF	12:45 Bridge CF	2:00 Line Dancing* DH	<i>Please register with Trisha by 2/24 Free</i>	
1:00 Open Game Time GR			1:00 Open Game Time GR	1:00 Open Game Time GR			
			1:30 Needlecraft Social D	1:30 Needlecraft Social D			

<p>For adults age 60+ or individuals with disabilities under the age of 60 years, the suggested contribution for lunch is \$2.50. For adults under age 60, who do not qualify for the program the suggested contribution is \$5.00.</p> <p>Lunch reservations must be made <u>by 12 Noon TWO business days</u> in advance.</p> <p>The Menu is subjected to change without notice</p>		<p style="text-align: center;"><b>Room Legend – Where it's at</b></p> <table style="width: 100%; border: none;"> <tr> <td>CL Computer Lab</td> <td>DH Dining Hall</td> </tr> <tr> <td>D Classroom D</td> <td>GR Game Room</td> </tr> <tr> <td>VRC Villanueva Rec Center</td> <td>WO Wellness Office</td> </tr> <tr> <td>CF Café</td> <td>MPR Multi-Purpose</td> </tr> <tr> <td>LNG Lounge</td> <td>P Patio</td> </tr> </table> <p style="text-align: center;"><i>PLEASE NOTE: Time, date and location of activities are subject to change without notice.</i></p> <p style="text-align: center;"><b>* Fee is associated with this program</b></p>	CL Computer Lab	DH Dining Hall	D Classroom D	GR Game Room	VRC Villanueva Rec Center	WO Wellness Office	CF Café	MPR Multi-Purpose	LNG Lounge	P Patio		<p style="text-align: center;">Complimentary coffee is available beginning at 8:30 a.m.</p> <p style="text-align: center;"><i>The Congregate meal program is sponsored, in part, by Area Agency on Aging Region 1</i></p> <div style="text-align: right;"> </div>
CL Computer Lab	DH Dining Hall													
D Classroom D	GR Game Room													
VRC Villanueva Rec Center	WO Wellness Office													
CF Café	MPR Multi-Purpose													
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