

# Surprise Senior Center      September 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Tossed Salad Cheese Stuff Shells w/ Marinara Sauce Spinach Garlic Bread Cheesecake	2 Soup du Jour Tuna Salad Sandwich Lettuce & Tomato Black Bean Salad Chips & Pickle Pears	3 Closed today for floor repair
6 <b>Closed Labor Day Holiday</b>	7 Soup du Jour Cheeseburger Lettuce & Tomato Tater Tots Chips & Pickle Banana	8 Tossed Salad Ham & Scalloped Potatoes Broccoli Roll & Butter Brownie	9 Soup du Jour Herb Crusted Chicken Macaroni & Cheese Carrots Bread & Butter Pineapple	10 Tossed Salad Beef Stew w/ Carrots, Celery, Onions & Potatoes Roll & Butter Fresh Fruit
13 Soup du Jour Chicken Cordon Bleu Wild Rice Pilaf Broccoli Apple Cobbler	14 Tossed Salad Spaghetti w/ Meat Sauce Vegetable Medley Garlic Bread Mandarin Oranges	15 Soup du Jour Club Sub Lettuce, tomato, cheese Potato Salad Black Berry Cobbler	16 Tossed Salad Beef & Bean Burritos Spanish Rice Salsa, Chips & Sour Cream Fresh Fruit	17 Soup du Jour Pulled Pork Sandwich Ranch Beans Cole Slaw Vanilla Pudding
20 Tossed Salad Meatloaf w/ Gravy Potatoes & Cheese Sauce Green Beans Bread & Butter Peach Cobbler	21 Soup du Jour Chicken Patty Sandwich Lettuce & Tomato Parsley Butter Potatoes Cauliflower Orange	22 Tossed Salad Sheppard's Pie Vegetable Medley Roll & Butter Birthday Cake	23 Soup du Jour Herb Crusted Cod Tarter Sauce Rice Pilaf Vegetable Medley Roll & Butter Cake w/ Mixed Berries	24 Tossed Salad Chili Beans w/ Meat & Vegetables Corn Bread & Butter Fruit
27 Soup du Jour Roasted Turkey Mash Potatoes & Gravy Green Beans Rolls & Butter Pumpkin Pie	28 Tossed Salad BBQ Chicken Baked Potato w/ Butter & Sour Cream Cauliflower Bread & Butter Fruit Cocktail	29 Soup du Jour Egg Salad Sandwich Lettuce & Tomato Potato Chips & Pickle Fresh Fruit	30 Tossed Salad Sloppy Joes Sandwich Baked Beans Cole Slaw Apple Cobbler	

Approved By: Kim Garcia, RD 2-24-10