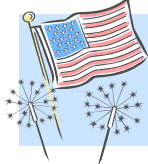






# Surprise Senior Center Activities & Events

## SEPTEMBER 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 2px solid black; padding: 5px;">                     Coffee, snacks &amp; sugar free desserts are available daily. Lunch is served at 12 noon. The suggested contribution for lunch is <b>\$3.25</b>. The meal program is sponsored in part by Area Agency on Aging.                 </div>	<b>Room Legend – where it's at!</b> CF Café/Conference Room RR Red Room MPR Multi Purpose Room GRN Green Room CL Computer Lab P Patio DH Dining Hall WO Wellness Office GR Game Room FL Fireside Lounge CS Corner Suite A Room A C Room C GAT Gathering Room D Classroom	1 10:00 Game Time DH 11:15 Feel Great Exercise MPR 1:00 Needlecraft Social A	2 10:00 Bingo DH Closing at 1 PM for flooring repair	3 Closed for flooring Repair - Have a great Holiday Weekend!
6 <b>LABOR DAY HOLIDAY</b> SENIOR CENTER CLOSED 	7 10:00 Pokeno DH 10:00 Guitar/11:00 Ukulele D 11:00 Elements of Surprise MPR 1:00 Mah-Jongg CF 1:00 Quilting A	8 10:00 Game Time DH 11:15 Feel Great Exercise MPR 1:00 Needlecraft Social A 1:00 Basic I Computer Class CL	9 10:00 Bingo DH 1:00 Texas Hold'em Poker GR	10 9:00 Benefits Counseling WO 9:30 One Stroke-Silhouettes MPR \$6 plus \$3 for Canvas-all levels 10:00 Game Time GAT 11:00 Wii Bowling DH
13 10:00 Craft: Stemware ID Beadlet \$2 DH 10:00 Rummy Q CF 11:15 Feel Great Exercise MPR 1:00 Bingo for Thrift Dollars DH 1:00 Basic II Computer Class CL 1:30 Chronic Disease Self Management GR	14 9:00 Dr. Joe WO 10:00 Pokeno DH 10:00 Guitar/11:00 Ukulele D 11:00 Elements of Surprise MPR 1:00 Mah-Jongg CF 1:00 Quilting A 1:00 Self-Improvement Group GR 6pm Community Garden Meeting MPR	15 10:00 Game Time DH 11:15 Feel Great Exercise MPR 1:00 Needlecraft Social A 1:00 Internet Computer Class CL	16 10:00 Bingo DH 12:00 Mexican Independence Day DH 1:00 Texas Hold'em Poker GR 	17 10:00 Site Council MPR 10:30 Blood Pressure Checks WO 11:00 Wii Just Dance DH
20 10:00 Craft: Keepsake Box \$2 DH 10:00 Rummy Q GR 10:00 Music Appreciation D 11:15 Feel Great Exercise MPR 1:00 E-mail Computer Class CL 1:30 Chronic Disease Self Management GR	 21 8:30 SeaLife Aquarium/Az Mills 9:00 Dr. Joe WO 10:00 Pokeno DH 10:00 Guitar/11:00 Ukulele D 11:00 Elements of Surprise MPR 1:00 Mah-Jongg CF 1:00 Quilting A 1:00 Self-Improvement Group GR	22 10:00 Game Time DH 11:15 Feel Great Exercise MPR 12:00 September Birthday Party DH 1:00 Needlecraft Social A 1:00 Word Processing Class CL 	23 10:00 Bingo DH 12:15 Nutrition Bingo with Home Instead DH 1:00 Texas Hold'em Poker GR	24 9:00 Benefits Counseling WO 9:30 One Stroke Level Ib, Rosebuds MPR 10:00 Game Time GAT 11:00 Wii Play DH 1:00 Movie: "Old Dogs" CF PG / 1:28
27 10:00 Craft: Sailboat Popup Card 2/\$2 DH 10:00 Rummy Q CF 11:15 Feel Great Exercise MPR 1:00 Bingo for Thrift Dollars DH 1:00 File Management Class CL 1:30 Chronic Disease Self Management GR	28 9:00 Dr. Joe WO 10-12:00 Hearing Screening C 10:00 Pokeno DH 10:00 Guitar/11:00 Ukulele D 11:00 Elements of Surprise MPR 1:00 Mah-Jongg CF 1:00 Self-Improvement Group GR	29 10:00 Game Time DH 11:00 Senior Celebration DH 11:15 Feel Great Exercise MPR 1:00 Needlecraft Social A 1:00 Digital Photo Class CL 	30 10:00 Bingo DH 12:15 Goodwill Ambassador Program DH 1:00 Texas Hold'em Poker GR	